

WELLNESS ROCKS

SPRING HEALTH FAIR

OVER 50 VENDORS

FREE — ALL AGES

Variety of Health Resources

Health Screenings

Giveaways & Door Prizes



WEDS MARCH 21

8:30AM — 12:00PM

2603 NORTH RODGERS AVE

ALTON IL 62002

Event Sponsored by the Older Adults Health Council & Senior Services Plus

Free Screenings Available: Shingles/Pneumonia/Flu Vaccines, Glucose Testing, Blood Pressure, Vision, Depression & Anxiety, Chair Massage, Pressure Points for Podiatry, & Hearing Questionnaire

Find information on: Assisted & Supportive Living, Community Service Organizations, Legal Assistance, Home Health, Home Care Services, Hospice, Skilled Nursing & Rehabilitation, Local Hospital Services, Health Insurance, Ambulance Services, Pharmacy Services, Memory Care, Mental Health, Wellness Products, Veterans Benefits, Chiropractic Care, Services for the Disabled, & MORE!